

Somerset Occupational Therapist Competency Framework Advanced Practitioner

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Introduction.

The Somerset Competency Framework sets out 'levels of practice' rather than specific job roles. It illustrates the knowledge, skills and behaviours required for good performance at each level of practice as well as evidencing readiness for progression to the next level. Individuals are expected to have learning and development needs on entry to each level of practice. Completion of learning and development activities and the provision of evidence for each competency is expected to take at least one to two years at each level.

Development goals.

Individuals and line managers/supervisors should agree development goals, learning activities and review evidence of competency within the supervision process. Manageable development goals should be recorded in the PDP (within the Supervision, Development and Achievement Plan). There is also a Learning Plan and CPD Record at the end of this document to record your training.

Carrying out the assessment of competency.

It is suggested that line managers/supervisors assess competency using a range of methods including direct observation of practice, discussion and critical reflection in supervision and audits. Evidence should be recorded in the final column and signed off by the line manager/supervisor when competency has been completed.

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Career Development Steps - Occupational Therapist

Adult Social Care Practitioner

NVQ 3

Occupational Therapist Assistant

Occupational Therapy Integrated Degree Apprenticeship

Occupational Therapist

Newly Qualified Programme - Supported First Year in Practice

Occupational Therapist

Best Interest Assessment (Graduate / Post Graduate)

Supporting Students in Practice (non-accredited)

Practice Placement Educator / Update (University specific)

Practice Learning and Student Support (Graduate / Post Graduate)

Advanced Practitioner

Best Interest Assessment (Graduate / Post Graduate)

Initial Leadership Programme (ILM) Level 3

Practice Learning and Student Support (Graduate / Post Graduate)

Service Manager

Leadership Programme (ILM) Level 3 /4 /5 /6

Post Graduate Diploma / Masters / PhD

Strategic Manager

Leadership Programme (ILM) Level 3 /4 /5 /6

Post Graduate Diploma / Masters / PhD

Support	Training	CPD
Supervision Peer Support Groups Learning and Development input from profession- specific leads	 Achieving Good Outcomes in Self Neglect Culture and Identity Dementia: the Facts Induction Introduction to Homelessness Law Medequip Prescriber Mental Capacity Act Moving and Handling Oliver McGowen Mandatory Train- ing Optimal Handed Care Postural management Safeguarding Sexual Activity and Mental Capacity Act Understanding Hoarding Behav- iours Wheelchair Prescriber level 2 Please see Learning Plan for more detail 	 Monthly CPD workshops (Operations, MCA/DoLS and Commissioning) Quarterly OT CPD work- shops Safeguarding Workshop for Advanced Practitioner Access to a suite of e- Learning modules Access to RCOT speciality sections Opportunity to join region and national OT commun- ties of practice Making Research Count

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Key results areas	Competency	What do I need to do and when	Learning needs	Evidence and supervisor sign off
	Professional Practice			
Work within national	I practice within the Health			
and local policies and	and Care Professions			
procedures (including,	Council's professional			
but not limited to,	regulatory requirements and			
complaints,	the Royal College of			
confidentiality,	Occupational Therapists'			
consent, data	Professional standards for			
protection, equality,	occupational therapy			
diversity and inclusion,	practice, conduct and ethics			
ethics, health and	(2021), and support others to			
safety, risk	do.			
management and				
safeguarding), the	I understand the structure of			
Health and Care	health and social care			
Professions Council's	organisations and the			
professional regulatory	policies which influence			
requirements and the	them. I use this knowledge			
Royal College of	to inform my practice,			
Occupational	support my team and to help			
Therapists'	develop and implement			
Professional standards	policies, protocols and			
for occupational	standard operating			
therapy practice,	procedures which reflect			
conduct and ethics	national policy and			
(2021), and support	legislation			
others to do so				

Advanced Practitioner Competency Framework

Co-production, streng	jths-	
based, relationship-b	ased,	
and systemic practic		
central to my practice		
approach to leadersh	ip.	
I am actively Involved	lin	
clinical networks,		
communities of pract	ce	
AHP/ RCOT.	,	
I am continuing to de		
my practice by achie	ving or	
working towards one	of the	
following		
awards/qualifications		
Post graduate modu		
leading to Level 7		
qualification		
Best Interest Assess	or.	
•? A management or		
leadership award.		
I have evidenced		
	2 of the	
competency at Level		
Somerset Mental Ca		
Act Competency Fra	nework.	
Somerset Mental Capacit	y Act	
Competency.pdf		

	Mental Capacity Act 2005 Self- assessment Tool.docx I support staff to fully understand and implement their role in adult safeguarding I have a clear understanding of local and national policy, procedures and legislation and how these relate to adult safeguarding in a multi- agency context.		
Completes, and supports others to complete, the occupational therapy process using advanced decision- making skills within complex contexts where protocols and pathways may not exist to ensure high quality practice and the development of skills	I can quickly analyse complex situations, identify important aspects and take appropriate action I can apply advanced skills, knowledge and behaviours relevant to specific area of practice, such as Postural management, Major adaptations, Optimal handed care.		
with the team.	I anticipate, assess and manage risk, and use professional judgement,		

Role models clear and accurate recording which meets the requirement of the	 within complex and unpredictable situations and support others to develop positive risk management skills I champion the unique contribution of 'occupational therapy' in health and social care and ensure 'occupation' is at the focus of all interventions I present complex information effectively in written and oral reports to a wide range of colleagues. 		
council and regulatory bodies (HCPC, RCOT) and supports the team to do so through training, audits, and supervision			
	Leadership		
Collates and feeds back on performance against set objectives with team and others to support continual	I provide timely feedback to the team that recognises good performance and identifies areas for improvement.		

improvement against organisational targets			
Provides high quality regular supervision and appraisals, to qualified workers within the team to ensure practice is safe, legal and high quality, and meets HCPC and ASC requirements	I take an active and prominent role in providing direction to staff and others I provide high quality supervision that is relationship-based, supports others to manage and prioritise work, and which integrates critical reflection, legal literacy, theory and research. I identify good practice, and feedback to staff and others. I promote up to date standards of excellent practice, identify and help resolve poor practice and know how and when to seek professional and HR advice and guidance.		
	I advocate for, and facilitate the creation of, a culture in which everyone is encouraged to reflect and		

	learn (including from mistakes), to receive and give constructive feedback and to learn from and with each other		
Identify,Formulate and lead on the achievement of specific objectives aligned to local, regional, and national strategic direction, to facilitate a high- performance team focused on the needs of the people and populations who access services, their families, and their carers	I understand and make good use of data collection and reporting e.g PowerBI to evidence performance I can critically review team performance and use results to enhance person-centred care. I embed the evaluation of impact into practice, across all settings and at an operational level		
Respond constructively to queries and complaints, and support others to do so.	I can facilitate difficult discussions effectively to achieve clear outcomes I role-model advanced communication skills, including active listening,		

	negotiation, managing sensitive news and justifying own viewpoint		
Support the service manager by providing innovative and visionary team leadership which promotes the profession, founded on person-centred, compassionate, and values-based leadership principles, influencing a cultural shift where needed.	I provide direction to people to enable, inspire, motivate and support them to achieve what the organisation has set out to do and can apply different styles of leadership appropriate to different people and situations I can demonstrate experience of managing change within a complex environment I focus on creating a culture of support and empowerment for the team. I have knowledge of HR processes and can effectively carry out recruitment, sickness, performance management and other HR processes		
Assumes professional accountability and responsibility for a	I role model resilience under pressure and do not let		

broad aspect of service delivery including allocation and prioritisation of cases	setbacks affect my performance I exercise professional judgement to manage risk, promoting positive risktaking, especially in complex and unpredictable situations, and support others to do so I identify and communicate the highest risks in my area of responsibility to my line manager.		
Contribute to and co- create interprofessional networks to promote the exchange of knowledge, skills, resources and peer review processes	I am able to develop and implement effective ways of working in networks across organisation and professional boundaries		
Develops close relationships with neighbourhoods, health colleagues, and local community groups, to promote	I understand the structure and ethos of neighbourhood working and promote close working with those within my local community.		

health and wellbeing			
through occupation			
As directed by the	I ensure that organisational		
service manager,	goals are reflected in		
formulate and lead on	personal and team		
the achievement of	objectives.		
specific objectives			
aligned to local,	I understand and co		
regional, and national			
strategic direction, to			
facilitate a high-			
performance team			
focused on the needs			
of the people and			
populations who			
access services, their			
families, and their			
carers			
Acts as authoriser for a	I am aware of the budgetary		
delegated value of	implications and ensure		
items ordered through	good clinical reasoning is in		
the community	place to justify provision.		
equipment service to			
ensure value for	I understand the legislation		
money and client	which underpins our CES		
satisfaction	provision and can advise		
	others.		
Proactively participates	I provide timely responses to		
in audits and	audit requests.		
assurance activities to			
ensure high quality,	I can identify areas for audit		
safe and legal practice	and feedback results to team		

	and service manager to support assurance and improvement.		
Lead on the development of others within the team, including apprentices, students and newly qualified OT's	Facilitation of Learning I act as a role model to inspire, supervise, mentor, and educate others (including learners and apprentices) seeking to instil and develop confidence		
	I seek to create opportunities for self and others to work across practice and education settings (e.g., student recruitment, practice-based learning, curriculum development/teaching, assessment)., including practice education		
	I am a qualified practice educator and take a lead in being a mentor for apprentices. Evidence, Research and		
	Development		
Support the strategic vision to create a culture that values and	I can lead research, quality improvement or service		

enables people to engage in and with research and quality improvement initiatives at a level that is appropriate for them.	evaluation projects at a local, regional and/or national level		
	I can critically evaluate data and information with accuracy and perception and can synthesise and use data drawn from a variety of different methods.		
	I contribute to the wider research agenda through initiating or supporting research activity which I present.		

Advanced practitioner

RCOT Career framework Level 7

Advanced practitioners are experienced professionals who have developed their skills and theoretical knowledge to a very high standard, and are continuously developing their practice within a defined field and/or have management responsibilities for a section/small team.

People at Level 7 of the career framework will think strategically and understand how social care works within the wider system. They are innovative, and have a responsibility for developing and changing practice and/or services in a complex and unpredictable environment (Skills for Health). They may have their own caseload or work area responsibilities (Skills for Health) requiring an expert knowledge base, complex decision-making skills and clinical competencies for expanded scope of practice, the characteristics of which are shaped by the context in which the individual practices.

Advanced practice should be viewed as a 'level of practice' rather than a specific role and it is not exclusively characterised by the clinical domain, but may also include those working in research, education, management/leadership roles.

Generic description of job

The role will cover various aspects of advanced practice including:

Management

• management of staff, including disciplinary, sickness, capability

• service development and providing a strategic overview i.e. understanding and influencing the strategic direction of service and linking with integrated teams, attending partnership meetings to plan new services

- overview of quality standards and addressing skills gaps, including audit
- supervising qualified occupational therapists, allocating work/cases and doing personal development plans for junior staff
- Supporting the Principal Occupational Therapist as part of the OT leadership team

• providing second opinions in complex cases, undertaking joint visits as consultancy, and supporting staff to keep increasingly complex cases as those staff develop

• dealing with informal complaints and representation.

Clinical

• highly specialised and/or expert knowledge of humans as occupational beings

- expert decision-making skills in occupational therapy within general setting or specialist setting
- managing complex cases and working with people with a complex range of services and interventions (case management)
- safeguarding and investigation management
- preventing escalation e.g. keeping people in their existing home or preventing a move to residential or nursing home care
- complex manual handling reviews and training advisors, focussing on Optimal Handed Care.

• in housing, identifying accessible housing, allocation determinations and very complex adaptations, working with surveyors, design and building teams

• providing specialist occupational therapy advice for new build specifications

• lead projects, pilots, extending scope and innovations such as Optimal handed care projects, in-reach to health, housing, SILC, Technology Enabled Care.

• very specialist/bespoke equipment, seating or adaptations



Learning Plan and CPD Record

Advanced Practitioner – Occupational Therapist

Core

Title	Date completed
Adult Social Care Induction - Core Days (x2)	
Applying the MCA (2005) in Everyday Practice	
Applying the MCA (2005) in Everyday Practice – Annual update	
Best Interest Assessor – Practice Update*	
CHC Checklist	
CHC professionals' course (to be confirmed)	
Culture and Identity	
Dementia: the Facts	
DFG	
Education and SEND information session	
Introduction to Homelessness Law	
Legal Literacy for Managers (exact title TBC)	
Medequip Prescriber	
Motivational Interviewing (Under Review)	
Moving and Handling Train the Trainer	
Moving and Handling Update for Occupational Therapists	
Oliver McGowen – Mandatory Training – Level 2	
Optimal Handed Care ROSPA Level 4	
Safeguarding – Making Safeguarding Enquiries	





Safeguarding – Making Safeguarding Personal	
Safeguarding – Advanced Practitioner Workshop	
Safeguarding – Achieving Good Outcomes in Self-Neglect	
Sexual Activity and Mental Capacity Act	
Transitions to Adults information session	
Understanding Hoarding Behaviours	
Writing Witness Statements for Court	

Specialist

Title	Date completed
Wheelchair Prescriber Training Level 2	
Postural Management and Seating	

Qualifications¹

Core

Title	Date completed
BIA to Approved Mental Capacity Professional (AMCP) conversion	
British Sign Language (Stage 1 and/or 2)	
People Handling & Risk Assessment Key Trainer's Certificate	
Supporting Students in Practice (non-accredited via UWE)	
Practice Learning and Student Support	
Practice Placement Educator / Update	





Specialist

Title	Date completed
Advanced Practice in Adults at Risk (Safeguarding Adults)	
Apprenticeships offered by Organisational Development	
End of Life Care	
Evidencing Work Based Learning	
Fundamental Principles of Dementia/Principles of Dementia	

e-Learning available via The Learning Centre

Title	Date completed
An Introduction to Human Rights	
Autism Awareness	
Autism – Intermediate Knowledge and Skills	
Black Lives Matter	
Continuing Health Care	
Corporate e-induction (including Health & Safety)	
Data Protection Awareness (2019)	
Dementia	
Dementia – Becoming a Dementia Friend	
Dementia – The Open Dementia Programme (Multiple Modules) SCIE	
Deprivation of Liberty Safeguards	
Dignity and Respect	
Dignity at Work	





Domestic Abuse Awareness (via Somerset Survivors website)	
Down's Syndrome Awareness	
Drugs and Alcohol Awareness	
End of Life Care	
Fire Safety (2021)	
Fire Warden Training	
GDPR 2022	
Introduction to Health and Safety	
Leadership - What is Leadership?	
Leadership Styles and Theories	
Legislation and Partnership Working	
Making Every Contact Count	
Managing Health and Safety	
Meeting Skills	
Mental Health Awareness	
Modern Slavery and Human Trafficking	
No Recourse to Public Funds	
Oral Health (Adults)	
Personalisation	
Prevent	
Preventing Falls	
Reablement	
Recording Skills	





Safeguarding and Child Protection for Non-Children's Service Workers	
Safeguarding for Adult Service Workers	
Self-neglect	
Strokes	
Supervision for Supervisees	
Supervision for Supervisors	
The Care Act 2014	
The Equality Act 2010	
The Mental Capacity Act 2005	
Trans Awareness	

Electronic Resource

Title	Date completed
Community Care Inform Adults (TBC)	N/A
Making Research Count	
Social Care Institute for Excellence Practice Based e- Learning Materials	N/A

Continuing Professional Development (CPD)

Some of the job specific courses will not be relevant to the employee so we suggest you record N/A (not applicable) next to these in the date completed column.

