

# Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.



...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**Somerset  
Council**

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme



If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

**...they are people that have had the training to help you**

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**Somerset  
Council**

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme



If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

**...they are people that have had the training to help you**

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code for a list of services in your area



**Somerset  
Council**

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



## Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**Somerset  
Council**

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



## Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code for a list of services in your area



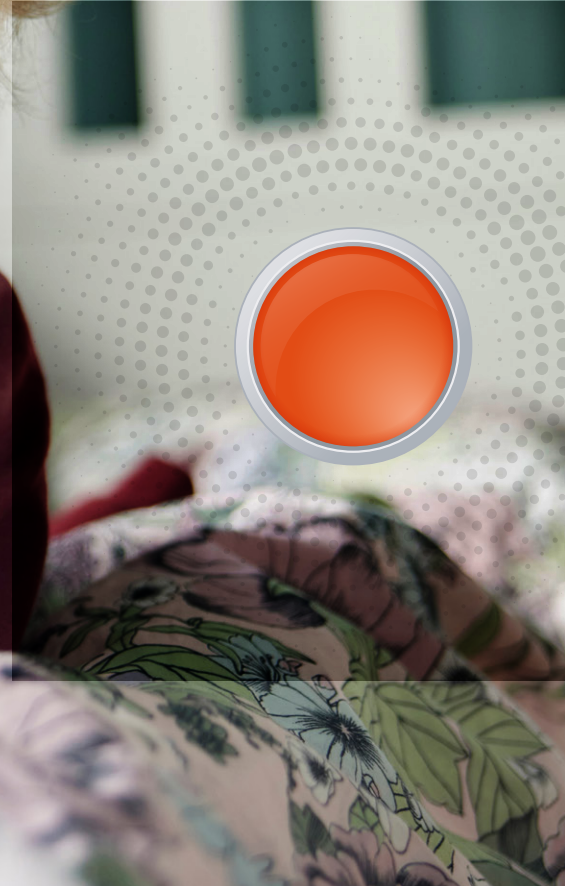
**Somerset  
Council**

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.



...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**Somerset  
Council**

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code for a list of services in your area



**Somerset  
Council**

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.



**...they are people that have had the training to help you**

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**SOMERSET**  
County Council

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme



If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

**...they are people that have had the training to help you**

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**SOMERSET**  
County Council

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme



If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

**...they are people that have had the training to help you**

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code for a list of services in your area



**SOMERSET**  
County Council

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**SOMERSET**  
County Council

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



## Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



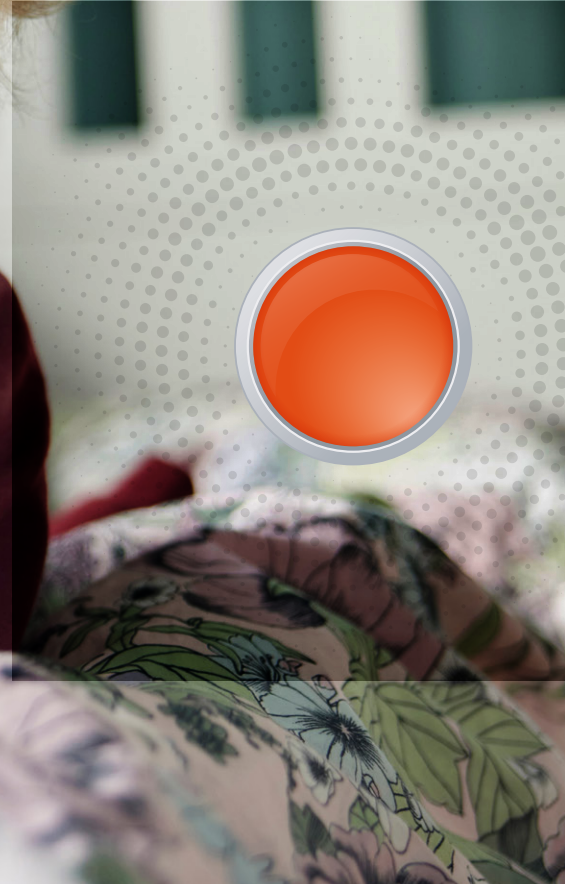
**SOMERSET**  
County Council

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.



**...they are people that have had the training to help you**

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code  
for a list of services  
in your area



**SOMERSET**  
County Council

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)



# Orange Button Community Scheme

If you are having thoughts of suicide, or are worried about a friend or family member, you can talk to someone wearing an **Orange Button**.

...they are people that have had the training to help you

**If you need help right now** and you are struggling with your mental health, having thoughts of suicide, or are worried about a friend or family member.

Please call our **24/7 helpline Mindline phone: 01823 276892** or **freephone: 0800 138 1692** or visit **Open Mental Health** to find help and support.

Scan the QR code for a list of services in your area



**SOMERSET**  
County Council

[www.healthysomerset.co.uk/support-with-your-mental-health/orange-button](http://www.healthysomerset.co.uk/support-with-your-mental-health/orange-button)