





Morning Session 09:00-12:30 + Afternoon Session 13:30-16:30 on Tuesday 16th

May 2023





Hollinsworth Hall
Canalside
Marsh Lane
Bridgwater
Somerset
TA6 6LQ

What is Optimal Handed Care?

Optimal Handed Care is a person-centered, system-wide approach to providing proportionate support. This has numerous benefits, particularly when planning hospital discharges and when individuals wish to stay in their own home.

It enables individuals to be actively involved in their care, promoting independence and wellbeing. It improves relationships between the individuals and those providing their care, allowing support to be delivered in a dignified and respectful way.

Equipment and techniques are used creatively, so that many individuals can benefit from being supported in their daily activities by just one Care Worker. However many people are required to provide support, the Optimal Handed Care approach ensures that care is delivered in the safest, most efficient and effective way for each individual.

It is all about achieving positive outcomes for everyone involved.

Who should attend?

The morning session is a closed group for all our new RoSPA Level 4 qualified Optimal Handed Care Ambassadors and Optimal Handed Care Lead Professionals.

The afternoon session is open to all care provider managers and key trainers from both domiciliary and care home settings.









A Robin gantry hoist from Invacare will be available for live demonstrations.

We welcome everyone bringing their own lunch and networking from 12:30-13:30. Food is also available from the café, which is open 10:00-14:00.

What is this event about?

We're excited to be holding an Optimal Handed Care Review Day, where we will be sharing the progress towards reaching our program goals, to embed this approach into day-today practice in Somerset.

The morning session is where we'll be sharing our learning and achievements; discussing the barriers to implementation; designing leaflets; and developing our support networks.

The afternoon session is open to care provider managers and key trainers from both domiciliary and care home settings.

We'll be:

- sharing our success stories
- discussing the barriers to implementation which our OHC Ambassadors are experiencing
- exploring how to manage the required system-wide cultural change, and
- planning how we will cascade train our workforces.

Link for free tickets to the events:

Morning Session: Optimal Handed Care Review Day - Morning Session Tickets, Tue 16 May 2023

Afternoon Session: Optimal Handed Care Review Day - Afternoon Session Tickets, Tue 16 May 2023