

# Wound Care Guide for Care Homes or patients undertaking dressings during Covid 19

A N T T
Aseptic Non Touch Technique
Simple Wound Care
using Standard-ANTT (Improve the work surface for the Community setting)
for the ANTT Practice Framework see: [www.antt.org](http://www.antt.org)

Preparation zone

Patient zone

Decontamination Zone

**1**



Clean hands with alcohol hand rub or soap & water

**2**



Clean trolley & tray according to local policy creating a Main General Aseptic Field

**3**



Gather supplies & place on bottom shelf of trolley

**4**



Apply apron & clean hands

**5**



Apply non-sterilized gloves

**6**



Remove dressing using non-touch technique (NTT)

**7**



Dispose of dressing

**8**



Dispose of gloves

**9**



Clean hands with alcohol hand rub or soap & water

**10**



Open supplies  
Protect within Micro Critical Aseptic Fields & NTT – on a General Aseptic Field

**11**



Apply non-sterilized gloves & assemble equipment using NTT

**12**



Clean wound using NTT

**13**



Dress wound using NTT

**14**



Dispose of equipment waste & gloves then apron & immediately...

**15**



Clean hands with alcohol hand rub or soap & water

**16**



Clean tray & trolley according to local policy

**17**



Clean hands with alcohol hand rub or soap & water

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## Wound Care Guide for Care Homes or patients undertaking dressings during Covid 19

### Preparing to dress a wound

#### It is important to prevent and recognise infection

##### **You will need:**

- Dressing pack –which will include Gauze, gloves, tray, apron and waste bag.
- wound dressings
- scissors cleaned prior to use – for individual patient use only, these can be washed using hot soapy water
- tap water is used to clean surrounding skin

##### **Procedure:**

- Follow the ANTT guide (on the back of this leaflet). Please use the gauze to cleanse the wound bed.
- For any new wound or skin tear please use the **Activheal Silicone Contact Layer and Allevyn Gentle provided.**
- If this dressing is not containing the wound fluid, then use a **ActivHeal Silicone Contact, Zetivit Plus** pad and **blue or yellow line** (dependent of the limb size)
- If it is a skin tear please draw an arrow on the dressing to indicate the direct to remove the dressing to avoid further trauma to the wound.
- You **MUST** follow your Consent and Best Interest Policies relating to the use of photos

#### Please monitor for signs of infection and wound deterioration!

##### Observe for:

- Redness to skin surrounding wound.
- Skin surrounding wound is warmer than normal.
- Wound has become painful.
- Swelling and hardening.
- Increased wetness from wound.
- Offensive smell.
- Yellow or green pus.
- The wound deteriorates (gets larger or deeper).
- Other signs of infection – temp, sleepy or new confusion (particularly in diabetic or immune suppressed).

#### If the infection spreads further, the redness will keep spreading to more areas of skin.

**If you are concerned escalate to a HCP.**