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| Logo  Description automatically generated   |
| A choice of: 09:00-12:30 or 12:45-16:15on bothTuesday 8th and Wednesday 9th November 2022 | **OPTIMAL HANDED CARE EVENT****Hosted by Somerset County Council and Somerset Foundation Trust** **in partnership with A1 Risk Solutions** | HollinsworthHall, Canalside, Marsh Lane, Bridgwater Somerset TA6 6LQ  |
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| Two people holding each other's hands | **What is this event about?**We’re excited to invite you to an interactive session where you’ll learn more about the optimal handed care approach, its benefits and the steps for implementation. We’ll be looking at the latest evidence, examples and case studies from some of the many local authorities who have already adopted this approach. We’ll be exploring potential barriers and/or resistance to implementation, as well as solutions to the current challenges from an integrated perspective across all sectors of health and social care. We’ll have a range of innovative equipment on display including the Robin, ToTo and Molift Raiser, and will be demonstrating use on 5 different workstations.**Who should attend?**All managers, system leaders and directors responsible for hospital discharges and care in the community, as well as clinical leads, commissioners, care providers, moving & handling trainers, key trainers, therapists, social workers, adult social care practitioners, GPs, district nurses, community and village agents, and councillors. |
|  **What is Optimal Handed Care?** |
| Optimal Handed Care is a person-centred approach to providing proportionate support. This has numerous benefits, particularly when planning hospital discharges and when individuals wish to stay in their own home. It enables individuals to be actively involved in their care, promoting independence and wellbeing. It improves relationships between the individuals and those providing their care, allowing support to be delivered in a dignified and respectful way.  | Equipment and techniques are used creatively, so that many individuals can benefit from being supported in their daily activities by just one Care Worker. However many people are required to provide support, the Optimal Handed Care approach ensures that care is delivered in the safest, most efficient and effective way for each individual. It is all about achieving positive outcomes for everyone involved. |
| **Individual Benefits**Person-Centred | **Staff Benefits**Recruitment & Retention | **Organisational Benefits** |
| **Enabling**  | **Upskilling** | **Efficiencies and Effectiveness** |
| Active participation, dignity and respect are the core values of this approach. Allowing an individual the time and permission to contribute to their daily care routines and to be as independent as possible improves mental and physical wellbeing. It acknowledges that the individual’s role in their own care is valued and follows all the principles of the Model of Human Occupation.  | Care and Support Workers make up a skilled workforce that has not yet been recognised and awarded with the professional status that it deserves. This approach acknowledges the health & social care crisis that is currently being experienced in the UK. In facing these challenges together, it looks to staff being a valued part of the solution and promotes better pay and conditions. | The UK continues to battle with workforce challenges and a lack of financial resources. Now is the time to introduce a new approach which encourages joined-up thinking across organisations and can be embedded into practice. Use of equipment, techniques and digital technology can create much needed capacity for a greater level of sustainability. |

Link for tickets to the events: [**https://www.eventbrite.com/e/optimal-handed-care-tickets-411830134017**](https://www.eventbrite.com/e/optimal-handed-care-tickets-411830134017)