

Help us keep you safe - cleaning top tips



Document all cleaning activities on a cleaning schedule.



Follow COSHH (Care of Substances Hazardous to Health) guidance and cleaning product manufacturer's instructions.



Detergents

- Use products such as Hospec or detergent wipes.



Disinfectants

- Use a chlorine-based disinfectant solution, e.g. Milton, used at a dilution of 1,000 parts per million (ppm) for environmental cleaning.
- Some disinfectant products contain both a detergent and a disinfectant, e.g. Chlor-Clean tablets, Actichlor plus,
- Use a detergent & disinfection wipe such as Clinell Universal Wipes, PDI Sanicloth Universal and Vernacare Tuffie 5.



Wear PPE when undertaking cleaning tasks and undertake hand hygiene as per the national policy

[National policy on hand hygiene and PPE 2.pdf \(improvement.nhs.uk\)](#)

For further information and references on environmental cleaning see [Safe management of the care environment Policy for Care Home settings - Infection Prevention Control](#)



For further information on the decontamination of care equipment see [Safe management of care equipment Policy for Care Home settings - Infection Prevention Control](#)

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