



NO BARRIERS HERE!

Using an arts approach for advance care planning

TRAIN THE TRAINER

The Mary Stevens Hospice

“If you’re cynical about what art-making adds to health-based discussion, this project will challenge that cynicism.”

No Barriers Here

No Barriers Here is a unique and innovative approach to advance care planning for people with learning disabilities and a collaboration between The Mary Stevens Hospice, Dudley Voices for Choice, and Art Psychotherapist, Jed Jerwood.

No Barriers Here was co-produced by people with learning disabilities and explores the use of art-making to create and support conversations about death and dying, discovering what matters most to people at the end of life. Gently guided through distinctive workshops, participants share their narratives using arts-based methods such as collage, textiles and weaving to shape creative, distinctive and truly personalised advance care plans.

No Barriers Here challenges misconceptions around talking about death and dying with people with learning disabilities and support the idea that using arts approaches in palliative care can shape rich conversations within our communities and challenge inequalities underserved populations experience

What will I learn?

We are delighted that you are considering the No Barriers Here Train the Trainer learning event. During this one-day course there will be an opportunity to experience the workshops first-hand and explore:

- The rationale of using arts approaches in palliative and end of life care.
- The role of No Barriers Here and advance care planning with underserved communities.
- The core elements of the No Barriers Here workshops.
- How to deliver the No Barriers Here workshops and what resources to use.

What does this include:

1 full day practical learning event with 2 facilitators.

Complementary art materials for delegate.

Session plan for No Barriers Here workshops.

Provision of No Barriers Here resources including information templates in written and easy read format.

Quality art materials for 6 people to attend a three-week cohort of No Barriers Here.

Hear from people with lived experience who co-developed No Barriers Here.

Certificate of attendance.

2 follow up 1:1 mentoring sessions.

Who should attend?

This learning event is suitable for anyone with an active interest in developing understanding of, and skills in using, arts-based approaches to advance care planning. It is suitable for health and social care professionals, registered and non-registered, including those working with communities, people with long term conditions and individuals approaching the end of life. Please note that a good understanding of advance care planning and advance communication skills is a necessary requirement.

Date

This event will be taking place on **Friday 18th March 2022, 09:00-16:00.**

Costs

£375 per person including a full day practical learning event, light lunch and refreshments, delegate art materials and six quality art boxes to deliver your own No Barriers Here workshop. Please note that additional art boxes can be quoted for on request and provided by The Mary Stevens Hospice. Advance notice of 4 weeks is required for additional packs.

Venue

This practical learning event will be held at The Mary Stevens Hospice, 221 Hagley Road, Oldswinford, West Midlands, DY8 2JR. Light lunch and refreshments will be provided so please let us know if you have any dietary requirements.

Please note we plan to deliver this course face to face, however in the event of a change in government guidelines virtual learning may be necessary.

Additional information

If you have specific training requirements, or are outside of the UK, we can develop a programme and deliver it online, or where practical, in a location to suit you. Please contact us for a bespoke quote if you would like to explore this option however travel costs will be incurred.



Facilitators

Dr Jed Jerwood

Dr Jed Jerwood is a Principal Lead Art Psychotherapist and Health Researcher. His interests lie in improving access to health care for people who are often excluded or marginalised. His doctoral research concerned improving palliative and end of life care for people with serious mental illnesses. His clinical background is in adult mental health and hospice care. Jed is passionate about using arts-based approaches to have conversations we traditionally shy away from or avoid.

Gemma Allen

Gemma Allen is the Diversity and Inclusion Lead at The Mary Stevens Hospice. Her passion for equitable palliative and end of life care for all has resulted in her working with, and alongside, underserved communities, enabling access and increasing awareness of palliative and end of life care. She works with people who are often marginalised at end of life, listening to their stories, and working alongside them to remove barriers. Gemma has a growing interest in compassionate communities- responding to and supporting people's experiences to death, dying, caregiving and bereavement, research, education and public health approaches to palliative care. Gemma is Chair of the Palliative Care of People with Learning Disabilities (PCPLD) Network and currently studying for an MSc Health Research at University of Birmingham.

Contact details and how to book

Please fill out the booking form and contact Gemma Allen if you have any enquiries.

01384 443010 ext 218

gemma.allen@marystevenshospice.co.uk

Booking form

Thank you for your interest in our education course. Please complete this form and return to gemma.allen@marystevenshospice.co.uk

Course title:	No Barriers Here Train the Trainer
Date:	Friday 18 th March 2022, 09:00-16:00
First name:	
Surname:	
Job title:	
Organisation:	
Organisation full address:	
Work phone number:	
Mobile phone number:	
Email address:	
Confirm email address:	
Dietary requirements:	
Please provide details below of any adjustments or support you may need.	

Data protection

We would like to keep in touch with you about future events. Please tick if you would be happy for The Mary Stevens Hospice to contact you in the future:

Email

Telephone

Please do not contact me