

Free Positive Behaviour Support training for services in the South West of England

More information available very soon. Enquiries to cmartin@pbsuk.org



NHS England and NHS Improvement – South West

Health Education England



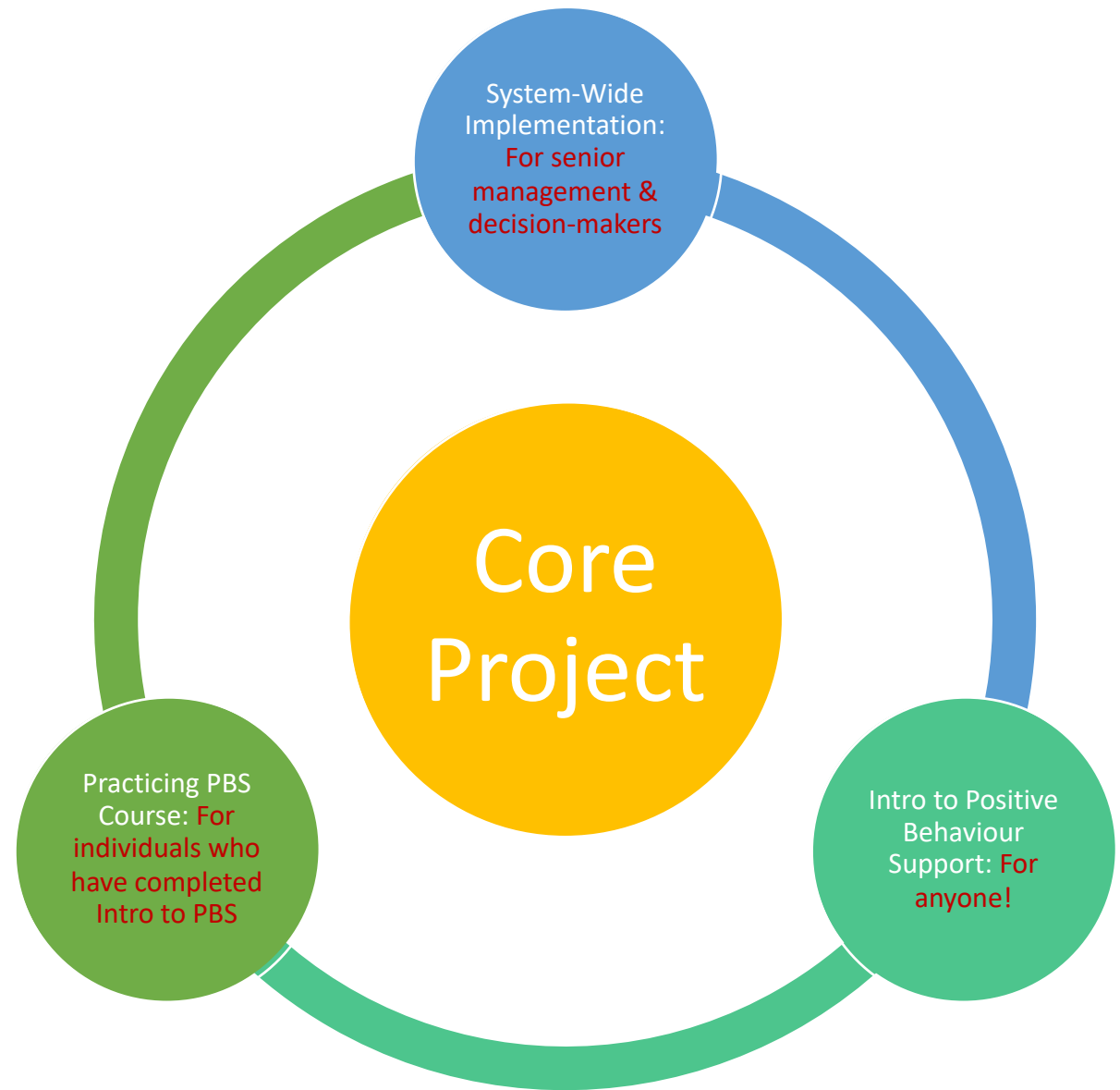
NHS England and Health Education England have commissioned a series of training events which will be made available, **free of charge**, to both mental health staff and community support providers who work with individuals with autism or learning disability in the south west of England. Organisations are encouraged to take part in **all** levels of training.

Coursework include: System-Wide PBS Implementation; Introduction to Positive Behaviour Support & a Practicing PBS Course. (Info provided!)

To find out about booking sessions, individuals should contact:

Tia Martin

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System-wide implementation

Duration: 2 days

Who is it for: Management and decision-makers within organisations

What does it cover:

What does 'good' PBS look like

What will the demands/expectations be for my workforce

Defining organisational outcomes

Systems and process for supporting those outcomes

Organisational strategies for improving practice and reducing restrictions

Measuring & monitoring progress

Requirements: Participants should fill out 'this' form prior to attendance.

Introduction to PBS

Duration: 1 day

Who is it for: Everyone

What does it cover:

- A one-day training session mapped against the 10 Key Components of Positive Behaviour Support (PBS) (Gore et al., 2013). Participants will learn what PBS is, how it focuses on quality of life and behaviour analytic processes to contextualise and understand problem behaviour. This course is CPD accredited.

Requirements: No pre-course requirements

Practicing PBS

Duration: 4 days over 8 – 10 weeks

Sample Week #: 1 2 3 4 5 6 7 8 9 10

Who is it for: Individuals who have completed the Introduction to PBS course or an alternative equivalent and are motivated to lead practice in their services.

What does it cover:

- Session 1: PERMA/Quality of Life. Participants will learn about quality of life applications and design a QOL improvement plan for their focus person as well as supporting data collection forms.
- Session 2: Environmental Approaches & Reactive Planning. Participants will be supported to learn about environmental supports and least-restrictive reactive planning. They will design a reactive plan for their focus person, as well as supporting data collection forms.
- Session 3: Constructional Approaches & Behaviour Support Planning. Participants will learn about multi-elemental support planning and how to teach new skills. They will design a skills teaching plan for their focus person as well as supporting data collection forms.
- Session 4: Practice Leadership & Assessment. Participants will learn about practice leadership & how to lead good practice in their services. They will also deliver a 5-10 minute presentation on the outcomes they have achieved for their focus person, as well as any barriers they encountered. This presentation, and all documentation completed thus far, will form the basis for assessment.

Requirements: Participants must identify a focus person in their service & obtain the appropriate consent prior to embarking on this course.

Questions

- **How much does it cost?** This training has been commissioned by NHS England and Health Education England. There is no cost to attend.
- **Where will sessions be held?** Session locations will be determined according to demand. If you would like to send a number of people and are keen for one to be held near you, please let us know.
- **Do we have to do all courses?** We will be prioritising organisations committed to creating real outcomes! For this reason, first refusal will be given to organisations attending the full programme. There will be a number of Introductory courses made available for organisations that do not wish to attend the full programme.